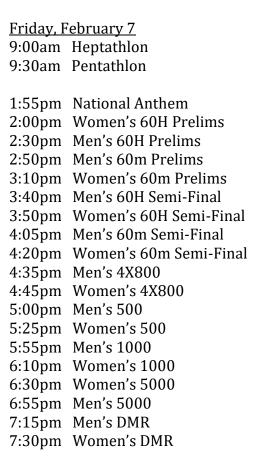
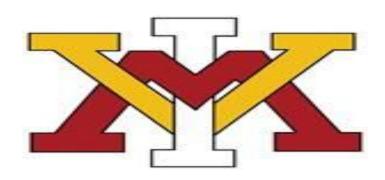
Winter Relays Virginia Military Institute February 7-8, 2020

TENTATIVE SCHEDULE

The 200 and 400 heats will be fast to slow. 500 meters and longer will run slow to fast.





Saturday, February 8		
8:00am	Heptathlon	

9:55am National Anthem

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10:00am	Men's Mile
10:25am	Women's Mile
11:00am	Women's 60H Finals
11:10am	Men's 60H Finals
11:17am	Men's 400 Meters
11:50am	Women's 400 Meters
12:20pm	Men's 60 Final
12:25pm	Women's 60 Final
12:30pm	Men's 800 Meters
12:55pm	Women's 800 Meters
1:15pm	Men's 200 Meters
1:55pm	Women's 200 Meters
2:35pm	Men's 3000 Meters
3:00pm	Women's 3000 Meters
3:35pm	Men's 4X400 Relay
4:00pm	Women's 4X400 Relay

Friday Field Events:

Men's Weight Throw
Men's Triple Jump
Women's Pole Vault
Women's Weight Throw
Women's Triple Jump
Women's High Jump

Saturday Field Events:

10:00am	Men's Long Jump
10:00am	Men's Shot Put
11:00am	Men's Pole Vault
12:30pm	Women's Long Jump
12:30pm	Women's Shot Put
1:10pm	Men's High Jump